

# St. Elizabeth's JV Girls Basketball League

## Purpose of the League

To instruct the participants on the fundamentals of basketball. To provide an opportunity for the girls to build character in a healthy and safe environment. To teach the value of cooperation and respect for others. To teach the rules of fair play and good sportsmanship.

## Entrance Fee

An entrance fee will be required of each team. The entrance fee should be paid at the first coaches meeting. If this is not possible it should be paid no later than one week prior to the first week of league play. The entrance fee is \$600.00.

## League Rules

1. Eligibility
  - 1.1. Coaches are responsible for making sure that their players are eligible. They should check with their Pastor, School Principal & CCD director. Any ineligible players will cause the team to forfeit each game that the ineligible player participated in. Known ineligible players will not be allowed to participate until they meet the eligibility requirements.
  - 1.2. In order for a player to be eligible, she must meet all of the following requirements:
    - 1.2.1. The player must be female
    - 1.2.2. She must be in 5<sup>th</sup> or 6<sup>th</sup> grade
    - 1.2.3. She must be eligible to play for the school or parish in the CYM program
      - 1.2.3.1. Teams must submit copies of the CYM ON-LINE REGISTRATION form showing the proper affiliation to the League coordinator as proof of eligibility.
    - 1.2.4. She cannot reach the age of 13 before January 1<sup>st</sup>
2. Team Rosters
  - 2.1.1. Rosters must be submitted no later than one (1) week prior to your first league game.
  - 2.1.2. No additions can be made after the first league game is played.
  - 2.1.3. The minimum number of players on the roster is 8.
  - 2.1.4. It is recommended that a team carry 10-12 players.
3. The Game
  - 3.1. Games will be played on Friday nights and Saturday mornings/afternoons
  - 3.2. Length of Game
    - 3.2.1. The normal length of a game will be four periods of 6 minutes each. The clock stops on each whistle.
    - 3.2.2. There will be a one-minute break before the 2<sup>nd</sup> and 4<sup>th</sup> quarters and each overtime.
    - 3.2.3. There will be a 5-minute break at half time.
    - 3.2.4. Overtime periods will be 3 minutes each.
  - 3.3. Time outs
    - 3.3.1. Per game: 3 full (1 min.) and 2 thirty-second.
    - 3.3.2. For each overtime period, each team will be given an additional (1) full time out. This will be added to any previously unused time outs.
  - 3.4. Made shots taken from behind the three point line will count as 3 points.
  - 3.5. Pressing
    - 3.5.1. Full court pressing is allowed at anytime.
      - 3.5.1.1. Exception: If a team has a 10 or more point lead, they may only play defense behind the 3-point line extended, even after the ball has penetrated the imaginary line. If the lead becomes less than 10 points, the team may resume full court pressure.
        - 3.5.1.1.1. The trailing team must continually attempt to score. Stalling is up to the discretion of the official. Violations will result in loss of possession.
  - 3.6. Playing Time
    - 3.6.1. The 2<sup>nd</sup> quarter rule: no player who plays in the 1<sup>st</sup> quarter, no matter how long, can play in the 2<sup>nd</sup> quarter. This applies to the playoffs as well as the regular season.
      - 3.6.1.1. Exception:
        - 3.6.1.1.1. If any of the following situations is true, the opposing team coach will tell the coach with the exception, which player(s) he/she can put in the game. When possible, coaches

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should discuss which players will sit out the second period. This discussion should occur either before the game or at the end of the first quarter, away from the benches and out of the player's earshot.

3.6.1.1.1.1.A team has less than 10 players

3.6.1.1.1.2.A player gets 3 fouls in the first or second quarter

3.6.1.1.1.3.An injury occurs

## 3.7. The Home Team

3.7.1. The team listed first on the schedule for that game is the home team.

3.7.2. The home team may use the stairwell for pre-game, halftime and post game.

3.7.2.1.The visiting team may use the hallway through the doors at the back of the gym.

3.7.3. The home team will use the bench to the left of the scorers' table when facing the court.

## 3.8. Scorers Table

3.8.1. The home team will provide a responsible person to keep the official score book, if needed.

3.8.2. The visiting team will provide a responsible person to keep the official game clock, if needed.

## 3.9. Substitute Uniforms

3.9.1. Officials will determine if substitute uniforms must be worn.

3.9.2. The home team will wear the regular uniform.

3.9.3. The visiting team will wear the substitute uniform.

## 3.10. Protests

3.10.1. Protests must be put in writing and submitted to St. Elizabeth League Advisory Board with a check for \$25.00 made payable to St. Elizabeth Athletic Association. Decisions will be rendered within 72 hours.

## 3.11. Ejections and Unsportsmanlike Conduct

3.11.1. Any coach or player ejected from a game will, at minimum, be out for the next game.

3.11.2. Acts of unsportsmanlike conduct by players, coaches and/or fans, which may or may not result in a technical foul or ejection, will be reviewed by the St. Elizabeth League Advisory Board.

The Advisory Board may take action up to and including removal of the team from the league.

## 3.12. Forfeits

3.12.1. A 10 minute grace period from the scheduled game time will be granted to allow for players to arrive.

3.12.2. Each team must have 5 players to start the game.

## 3.13. Other

3.13.1. Unless otherwise stated in this document, Federation Rules apply.

## 4. Miscellaneous

4.1. If you are playing in the first game of any given day, please be advised that the gym will not be open until 15 minutes prior to the scheduled start of your game. It is important that your coaches, players, cheerleaders, and fans know this. Most likely another game, a practice session or a clinic may be in process.

4.2. No basketballs should be brought into the gym. The league will provide basketballs for warm-up. This is intended to help keep spectators off the court.

4.3. No one is allowed on the gym floor other than the players and coaches of the teams that are playing in that game.

4.3.1. Spectators should walk around the outside of the court, especially during inclement weather

4.3.2. We have taken strides to protect the floor and keep it nice and safe for the athletes. Please discuss this rule with your parents. This rule will be strictly enforced.

4.4. Coaches are responsible for the actions of themselves, their assistants, their players, their cheerleaders, and their fans.

4.5. Coaches are expected to help whenever needed, especially if a problem arises

4.6. Coaches conduct:

4.6.1. If the purpose of this league is to be achieved, each coach must be an example of good sportsmanship.

4.6.2. To make sure that the idea of good sportsmanship is followed, any coach or player who violates the rules of good sportsmanship may be asked to leave the league. This includes badgering the officials during or after the game.

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- 4.7. Coaches are asked to be with their team before, during, and after their games
  - 4.7.1. If locker rooms are available:
    - 4.7.1.1.No player is allowed in the locker rooms without a coach
    - 4.7.1.2.Teams should report to the locker room no earlier than after half-time of the game prior to theirs
- 4.8. Coaches, players, and cheerleaders should not make noise when an opposing player is shooting foul shots.
- 4.9. No food, drink, or gum is allowed in the gym or locker room area
  - 4.9.1. Exceptions are water and sports drinks (soda and juice are not allowed)
- 4.10. Cheerleaders
  - 4.10.1. Not allowed in the hallways of the school.
  - 4.10.2. No cheerleader practicing is allowed in the school outside of the gym area.
  - 4.10.3. Banging of the bleachers is NOT allowed.
5. Playoffs
  - 5.1. All teams will make the playoffs.
  - 5.2. The results of the regular season games will determine the seeds.
  - 5.3. Any ties for positions will be decided by “who beat who” in the regular season. If more than two teams tie for a position and the “who beat who” method does not work, the league advisory board will pick the seeds.

**5.4. Spectators will be charged for playoff games.**
6. Game Cancellations (due to inclement weather or other reasons)
  - 6.1. The league coordinator will call the coaches involved in the games that day.
  - 6.2. The coaches are responsible for notifying their players and cheerleaders.
  - 6.3. We will try to have the cancellation announced on WDEL and WSTW radio stations, as the St. Elizabeth Girl's Junior Varsity Basketball League.
  - 6.4. Cancellations will be posted on the St. Elizabeth website at [www.saintelizsports.com](http://www.saintelizsports.com)
7. Web Site
  - 7.1. [www.saintelizsports.com/JVGLLeague](http://www.saintelizsports.com/JVGLLeague)
  - 7.2. Game Results, Schedules and Standings, and pictures may be listed on the website.
  - 7.3. Cancellations will be posted on the St. Elizabeth website.